

Aloha Outdoor Sports LLC
PO Box 1718
Honolulu, HI 96806
808-227-8777, email: alohaoutdoorsports@yahoo.com

Dear Camper,

Thank you for registering for the 2010 Aloha Cross Country Camp. We look forward to seeing you July 24, 2010 at Camp Erdman in Waialua, HI.

Check in for camp is at 3pm, July 24, 2010 (Sat.).

We will be assigning bunkmates upon arrival at camp.

Meals are scheduled from Saturday, July 24 at 5:30 PM through and including lunch on Wednesday July 28. Check out time is 12:30pm on Wednesday, July 28.

Please provide for the safekeeping of your own valuables limiting these to essential items. We cannot be held responsible.

Our camp is offering intensive instruction in distance running techniques and our staff is well qualified. Camp rules are stated at the first session and must be strictly adhered to. All instruction **MUST** be attended. **MISBEHAVIOR WILL NOT BE TOLERATED AND WILL RESULT IN IMMEDIATE DISMISSAL FROM CAMP WITHOUT A REFUND.** Our location and facilities are great and we have organized an excellent program. We know you will be happy that you have selected Aloha Cross Country Camp and look forward to seeing you!

Sincerely,

Jonathan Lyau and Chet Blanton, Camp Directors

PS. To make the most of your camp experience, be in good condition.

Important things to bring to camp:

Sleeping bag or bedding
Towels, toiletries and washcloths
Running shoes
Socks and underwear
Bathing suit
Jacket, sweater, rainwear
Pajamas
Jeans, shorts, tops
Toiletry articles
Running gear, water bottle, flashlight with fresh batteries
Sunscreen and insect repellent
Mat or towels to lie on during exercises.
Notepad and Pen to take notes during seminars
Small cash for "store run"
Essential personal items

Camp Contacts (During Camp week)

Chet Blanton, 753-5381
Jonathan Lyau, 227-8777